

Parkinson's UK

Barnsley and District Branch

Minutes of committee meeting held on 8th July 2025

Present

Terry Kendall, Ann-Marie Sephton, Alyson Francis, Barrie Cooper, Nishadi Perera, Doris Wragg

1. Welcome

Terry welcomed everyone to the meeting.

2. Apologies for absence

Apologies were received from Rose Crawley, Kathie Sharman, George Spencer and Ken Booth.

3. Minutes of the meeting held on 10th June 2025

The minutes of the meeting held on 10th June 2025 were agreed as a true record.

4. Matters arising

- (a) Terry has given Alison Lofas a BPL leaflet regarding the Royston exercise class which she will refer to her colleagues at Parkinson's UK.

(b) Nothing has been heard from Rose yet regarding the provision of a Parkinson's clinic in Barnsley Hospital.

(c) The volunteering event on 27th June was a successful day. Terry raised the issue of problems with the membership and changes reports from head office, which they agreed to take away and look into. A demonstration was given of the Beech Band, which helps symptoms such as mobility, speech and anxiety and has received 91% positive feedback.

5. Rose's updates

No items.

6. Chair's report

Terry gave an update on the situation regarding Stroll augmented reality glasses. Parkinson's UK have commissioned one of the Scottish universities to conduct clinical trials regarding the effectiveness of using the glasses. It would be at least 18 months before any results were published. Terry has received a kit from the chair of the Darlington branch. The kit is based on use of virtual reality and has games designed to

give an adrenaline boost or induce calmness and relaxation. Both he and Barrie have tried out the kit but they have had difficulties in accessing some of the features and problems using the controls. Each kit costs around £300. Terry will report back to Tracy Westgarth on his and Barrie's experience of using the virtual reality glasses.

7. Treasurer's report

The committee noted the bank statement as at 30th June, which showed a total adjusted cash and bank balance of £26,586.56

8. Secretary's report

Doris reported that we had been successful in our application for a collection at Penistone Tesco and this will take place on Saturday, 23rd August. Doris will ask for volunteers at next week's branch meeting.

9. Service Development report

Terry circulated an analysis of the responses he had received to the questionnaire regarding the Southwell Workhouse trip. Overall the day was hugely successful with an overall satisfaction rating of 91%.

Walk, 26th June – 3 pwp, 2 carers plus Terry

Boxing, 13th June - 5 pwp, 3 carers; 27th June - 6 pwp, 4 carers; 4th July - 4 pwp, 3 carers. There are also six people participating in the boxing from Sheffield. The meeting 18th July will be cancelled due to the RHS Flower Show at Wentworth Woodhouse.

Golf, 1st July – cancelled.

Bowling, 30th October – will now be held at Carlton Bowling Alley.

Afternoon Tea, 21st October – £21 per person. It was agreed we would ask for a £12 donation from people attending.

Terry circulated an updated activity programme.

10. Fundraising report

No items.

11. Assistant Treasurer's report

Exercise class

	<u>1st class</u>	<u>2nd class</u>
4 th June	9 pwp 4 carers	4 pwp 2 carers
11 th June	9 pwp 2 carers	3 pwp 1 carers
18 th June	10 pwp 4 carers	5 pwp 3 carers

25th June

10 pwp 4 carers

4 pwp 1 carers

Respite care

Nishadi reported that nine carers had taken four hours during June making a total of £748.80.

12. Membership Secretary's report

Ann-Marie reported that there were 156 members on the latest list.

13. Webmaster's report

In Ken's absence he had circulated the following email.

1. General maintenance of website as usual.
2. There are some very interesting developments in Parkinson's research. There are links to some in the research page of the website.
3. Photographs from events are very welcome with details so that Ken can update the web photo gallery.
4. As usual, Ken would be happy for the web pages to be checked for errors. He is always willing to correct them, especially the events section.

14. Research Champion's report

No items.

15. Any other urgent and relevant business

There was other business.

16. Date of next meeting

The next meeting will be held on Tuesday, 12th August at 7.00 p.m.